

27.11.2022 REPORT Stina Fors for Life long burning - Residency at MDT 14.11-28.11

Dear team of Life long burning and MDT,

It's been a huge pleasure to receive this residency.

I was welcomed by the very warm team at MDT. I did arrive alone but these 2 weeks have been filled with encounters. I was invited into the social and artistic life at MDT and I received support both artistic, technical and beyond when needed.

During the first week I spent most of my time alone in the studio opening up my process. The interest of looking at language from the body guided my tryouts. Often I would engage in long durational improvisations.

I met with Anna and Sara for lunch, getting an insight about the engagements happening at MDT. I met with many colleagues of MDT. Even though I worked alone, there was a daily exchange of words. In the weekend I had the pleasure to see two performances by Stina Nyberg and Gunilla Heilborn. I also invited Jeanine Durning to my studio as the local collaborator. I shared the attempts I'd made from the week as well as questions and thoughts. We spoke about how one can write from the body? coming into being through voicing, the history of silencing women, to say things one doesn't dare, to find language from a movement practice, how to make choreographic choices from the experience as a performer. How to build an archive and how to practice from there? What could be folklore today? and more

The second week heavy snow fell over Stockholm. The office was empty but my studio was full. During this week I opened up to a morning practice to explore - voice as an extension of physical beings and worlds. Every day we were about 7-8 people and I had the chance to connect further with my own practice as well as the scene in Stockholm. On Thursday the doors were open to share what I've been working on. We had a feedback session after and I still have many questions of how to continue working with the interest between language, text, voice and movement. But it's just that, I came here to ignite something, not to finish or accomplish a certain result. It was about connecting and I really did, with the people, the place and a curiosity for new works.

Thank you for this, It was grander than this page of words.

Warmly,  
Stina Fors